

Sponsored by MilSys (UK) Limited

Sunday 26th October 2008 Castle Combe, Chippenham. Wiltshire.

Individual Races:

Men's 9km Sprint Women's & Juniors' 6km Sprint Youths' & Novices' 3km Sprint

Team Relays:

Men's 4 X 3km Sprint Women's & Juniors' 3 X 3km Sprint

All Races: Free Technique

PRIZES: 1st, 2nd & 3rd Individual in each class 1st & 2nd Relay Teams Prizes for Novices & Youths

> Event Supporting the Charity: HELP for HEROES Sponsorship forms enclosed

For enquiries email: bob@wessexbiathlon.org Or phone: +44 (0) 1249 652101 Supported by RMA Sports UK Ltd.



Event Information

Castle Combe Circuit is situated to the west of the market town of Chippenham in the South West of England. The circuit regularly hosts motor-racing events and has also hosted both cycle and running races. The circuit has an excellent tarmac surface ideal for roller-skiing.



The circuit is close to the M4 motorway and well sign-posted from all routes.

The Tavern Club House will be open from 09:00 on the race day, serving both hot and cold food and drinks *(cash only).* A cash-point facility is available on-site.

Changing for competitors will be in either the circuit toilets, or a tent near the start area. (Please do not use the Tavern Club House Restaurant area to change.)

Please note:

Entries on the day will be subject to availability and for insurance reasons restricted to members of SSE Affiliated clubs.

Event Programme

* Please note that times are approximate and may change on the day depending on circumstances.

| TIME * | EVENT |
|---------------|--|
| 09:30 — 10:45 | Course open for training and inspection |
| 11:00 | 9 km Men's Sprint |
| 12:00 | 6 km Women & Junior Sprint |
| 12:40 | 3 km Novice & Youths Sprint |
| 13:00 | Lunch |
| 14:30 | 4 x 3 km Men's Sprint Relay |
| 14:30 | 3 x 3 km Women & Junior Sprint Relay (Inc. Novices & Youths) |
| 15:45 | Prize Giving |

The races will be run as a "one-design" ski event, on Pro-Ski S2 Roller-skis. The *roller-skis** *only* will be provided for the races and you will need to bring your own rollerski kit (skis, poles, boots, helmet etc..) to warm-up and train on. We advise that you wear a cycle helmet and eyeprotection whilst roller-skiing, if you choose not to do so it is at your own risk. **In the event that the S2 rollerskis are unavailable on the day, the race will be conducted on competitors' own roller-skis.*

Race Categories will be: Senior (over 21), Veteran (over 40), Junior (18-21), Youth (under 18) & Novices (1st Nordic ski race).

For more information about the event please visit the club web-site or contact the event organiser; Mr. Bob Anderson. (For contact details see previous page.)

Any further information will be distributed to competitors nearer the event date.

Wessex Rollerski Sprints 2008

RACE ENTRY & PARTICIPANT REGISTRATION FORM

| Name: | Title/Rank: | | | | |
|---|--|---|-----------------|--|--|
| Address: | | | | | |
| | | | | | |
| | Post Code: | | | | |
| Email : | Tel: | · | | | |
| Age (on day of race) : | Mobile: | | | | |
| Gender: Male / Female (Delete) Category: Senior / Veteran / Junior / Novice / Yo | | | | | |
| Ski Club / Unit: | | Individual (tick her | re) | | |
| Ski-Binding System used: Salomon (SNS/Pilot on Pro-Ski S2 Roller-skis (supplied if you don't have yo event of the S2 Roller-skis being unavailable, the race v | ur own), please bring you | ir own roller-skis to wa | | | |
| INDIVIDUAL RACE ENTRIES | | | | | |
| Men's 9 km Sprint | | £8.00 | | | |
| Women's and Junior's 6km Sprint | | £8.00 | | | |
| Youths' & Novices' 3km Sprint | | £8.00 | | | |
| 3rd Party Race Insurance Fee , (Non SSE/SnSc Clul etc) | Senior £4.00 Junior £3.00 | | | | |
| | | Total: | £ | | |
| <u>Athletes' Declaration</u> I understand and accept the inherent risks of roller-skiing, both racing and training. I participate in the event at my own risk and have 3rd Party Insurance which covers me to participate in roller-ski race events. | | | | | |
| Signed: Date: | | | | | |
| For athletes of minority age (according to national laws): | | | | | |
| This is to certify that, as parent / guardian of the bound by the terms and conditions identified a | | onsent to his / her a | agreement to be | | |
| Signed: Date: | | | | | |
| Print name: Relationship: | | | | | |
| Proof of Insurance will be required for you to race e.g. a valid club membership card or certificate of insurance. If in doubt please purchase the event insurance. | | | | | |
| H.M. FORCES: Please enter the event on Part One Regimental Orders. 3rd Party Insurance cover to be purchased along with race entry. | | | | | |
| SP Team Captains please c | RINT RELAYS | ce Entry Form | | | |
| Each participant must complete an individual race r Those who have entered the individual events may subject to numbers. Closing time for Relay Team e | egistration form and pay enter an "Ad Hoc" team | the relevant insurance on the day with other i | | | |

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RELAY TEAM ENTRY FORM

Men's 4 X 3km Sprint / Women & Juniors (Plus Novices & Youths) 3 X 3km Sprint

Youths may enter mixed gender teams.

For additional relay teams photocopies of this form will be accepted.

| TEAM NAME: CATEGORY: | | | | | | |
|---|--|----------------------|--------------------|----------------------------|--|--|
| Race Leg | Name | Unit / Club | Gender (Delete) | Team Entry Fee (Delete) | | |
| 1. | | | M/F | | | |
| 2. | | | M/F | | | |
| 3. | | | M/F | £22.50 | | |
| 4 . (Men's Race Only) | | | М | £30.00 | | |
| TEAM NAME: | CA | FEGORY: | | | | |
| Race Leg | Name | Unit / Club | Gender (Delete) | Team Entry Fee (Delete) | | |
| 1. | | | M/F | | | |
| 2. | | | M/F | | | |
| 3. | | | M/F | £22.50 | | |
| 4 . (Men's Race Only) | | | М | £30.00 | | |
| | | | | | | |
| TEAM NAME: | CA | FEGORY: | 1 | | | |
| Race Leg | Name | Unit / Club | Gender (Delete) | Team Entry Fee (Delete) | | |
| 1. | | | M/F | | | |
| 2. | | | M/F | | | |
| 3. | | | M/F | £22.50 | | |
| 4 . (Men's Race Only) | | | М | £30.00 | | |
| | | • | | | | |
| | Tot | al Individual Entrie | es: | £ | | |
| | Total Relay Entries: £ | | | | | |
| Total Insurance: £ | | | | | | |
| GRAND TOTAL: £ | | | | | | |
| | <i>Nilitary Units may wish to make a group pa</i> acers in the boxes above. | yment, if so please | e enter the t | total entry fees | | |
| PI | ease make cheques payable to: "Wessex | Biathlon & Nord | ic Ski Clul | o" | | |
| Send to: Mr. R. Anderson. 4, Riverside Drive, Chippenham. Wiltshire, SN15 3XS | | | | | | |

Entries close 19th October 2008 (late entries subject to availability)



SPONSORSHIP AND GIFT AID FORM

Name of the Person being Sponsored:

Address: _____

_ Postcode: _____

Age (if under 18): _____

Visit my Help for Heroes Event Page at: _____

This person is being sponsored to: participate in the Wessex Rollerski Sprints

On (date): 26th October 2008 At (place of event): Castle Combe Circuit, Wiltshire.

GIFT AID: Please note that you must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that Help for Heroes claims on your donations in the appropriate tax year (currently 28p for each £1 you give).

| Name | Home Address | Postcode | Amount Pledged | Amount Given | Date Given | GIFT AID |
|------|--------------|----------|-------------------|-----------------|---------------|-------------|
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THANK YOU FOR YOUR SUPPORT!

Help for Heroes, Unit 6 Aspire Business Centre, Ordnance Road, Tidworth, Hants SP9 7QD Telephone:0845 673 1760 Email:info@helpforheroes.org.uk Website:www.helpforheroes.org.uk

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ATHLETE'S DECLARATION For GBR Roller Ski Competitions 2008

(1 declaration per competitor)

Understanding that my signature to this declaration does not in any way reduce or limit the responsibility of the competition organiser with respect to the installation and preparation of competition installations or in the carrying out of the competition, in consideration of registering me as a racer, I

| Family Name: | First Name: | Age: | Club: | BASS No.: (if applicable) |
|--------------|-------------|------|-------|---------------------------|
| | | | | |

| Discipline: Cross Country (Roller Ski) | Sex: Male / Female |
|--|--------------------|
|--|--------------------|

make and hereby agree to be bound by the following declaration:

1. Identification of Risk

I am fully aware and conscious of the dangers involved in the performance of all British calendared sports and of the dangers caused by gravitational forces, be it during training runs or during the actual competition. I recognise that there is a risk in reaching excellent results which requires me to stretch my physical abilities to the absolute limit. I know and accept, that by engaging in such competitive sports, life and physical safety could be endangered. Furthermore, I know and accept that the above mentioned dangers may threaten anyone within the competition and training area, and may include environmental conditions, technical equipment, and atmospheric influences as well as natural or man made obstacles. I am aware that certain movements or actions cannot always be anticipated or controlled and therefore cannot be avoided or prevented through safety measures.

2. Acknowledgement of Risk

I acknowledge that it is up to me personally to assess whether any competition or training course is too difficult for me. I agree that I will conduct my own inspection and I will immediately, notify the jury of any obvious safety concerns I may have. By starting in a competition, or taking part in training I acknowledge acceptance of the suitability and condition of the courses. I also agree that I am responsible for the choice of the equipment I have used and for the selection of my line through the course and my ability to handle this line.

3. Personal Liability

I understand that I may be found personally liable to third parties for damages arising from bodily injury or property damage they have suffered as a result of my participation in training or competition. I agree that I will make myself familiar with the applicable competition regulations before taking part in such competition.

4. Dispute Resolution

I agree that prior to commencing a claim in any court of competent jurisdiction, I shall first submit my claim before an Arbitration Court, which is constituted in accordance with the Statutes and Regulations of the Court of Arbitration for Sport (CAS). In case I am not in agreement with the decision of this court, I am free to bring or re-institute any such claim before any Court of competent jurisdiction.

The Athlete's Declaration is also binding on any relatives, personal representatives, heirs, successors, beneficiaries, next of kin or assigns who might pursue any legal action.

Serving military personnel <u>may</u> have recourse through Single Service channels to pursue any claims for injuries, damages etc to either the athlete themselves or a third party.

I have read the above Athlete's Declaration.

| Location: | Date: | Signature of Athlete: |
|-----------|-------|-----------------------|
| | | |

For athletes of minority age (according to national laws):

This is to certify that, as parent / guardian of this participant, I do consent to his / her agreement to be bound by each of the terms and conditions identified above.

| Name (printed) Parent/Guardian: | Date: | Relationship: | Signature of Parent / Guardian: |
|---------------------------------|-------|---------------|---------------------------------|
| | | | |

H.M. FORCES ACCOMMODATION AND MESSING Colerne Camp

| UNIT: | | | | | |
|---------------|----------|-----------------|--------------------|---------------|--------------|
| Contact N | ame: | | | | |
| Tel. (Civil.) | | Tel. (Mob.) | Tel. (Mob.) | | |
| Date of Ar | rival: | | Date of Dep | oarture: | |
| | | Accommoda | ation Requiren | nents | |
| | Officers | | SNCO's | (| Other Ranks |
| Male x | Female x | Male x | Female x | Male x | Female x |
| | | | | | |
| | NAME | | RANK | SE | RVICE NUMBER |
| 1. | | | | | |
| 2. | | | | | |
| 3. | | | | | |
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| 13. | | | | | |
| 14. | | | | | |
| 15. | | | | | |
| | For fu | rther personnel | continue on an add | itional form. | |

Please confirm accommodation requirements by the 12th of October 2008 as availability is limited.